WESTWOOD RECREATION DEPARTMENT



WESTWOOD COMMUNITY CENTER
55 Jefferson Avenue 201-664-7882
E-Mail: recreation@westwoodnj.gov
Website: www.westwoodnj.gov



2014 SPRING PROGRAMS

REGISTRATION INFORMATION

Registration begins on Monday, March 24, 2014, at 9:00 am on a firstcome, first-served basis **on-line at www.westwoodnj.gov** (using a credit or debit card) or at the Recreation Department. (cash, check, or money order payable to *Borough* of *Westwood* ") NON-RESIDENTS: Non-Residents may register starting on Monday, March 31, 2014 if openings are available for an additional \$25.00. REFUNDS: If you are not 100% satisfied with any of our programs, you will be issued a full refund.

<u>CLOSINGS:</u> Most Recreation Programs are NOT held on Borough Holidays or when the Westwood School System is closed.

<u>INSURANCE</u>: Medical accident coverage is provided as a secondary insurance. If you do not have other insurance, this policy becomes the primary insurer (maximum \$10,000).

<u>CANCELLED PROGRAMS</u>: The Recreation Dept. reserves the right to cancel or alter any program due to insufficient registration or any other logistical reason. Full refunds are given for cancelled programs.

BOROUGH HOLIDAYS: The Recreation Department will be closed on the following dates: April 18th (Good Friday) and Monday, May 26th (Memorial Day)





CHILDREN'S PROGRAMS







All classes are for 8 weeks and are held at the Community Center<u>unless noted</u>.

<u>ABRAKADOODLE ART</u> - Paint It, Pinch It, Press It Students will explore watercolors, print making & clay, <u>Ages 4-6</u>, 3:30-4:15pm; Kinetic Art will teach the students how to make mobile sculptures, optical illusion art and agamograph accordion masterpieces! <u>Grades 1-3</u>, 4:30-5:30pm, , Fee: \$135.00 Begins Tuesday, April 22nd.

CHEMICAL CREATIONS (NEW) Come experience an exciting and handen world of fun as you conduct a variety of scientific experiments! You will make and take home a wide assortment of toys and formations that you created all on your own. Learn and discover different scientific concepts in an entertaining and innovative approach. This class is for childreges 6-12 and is held 4:305:30pm on Wednesdays beginning April 23rd. Fee: \$135.00 (children must bring a plain white-shirt)

CRAFTY KITCHEN - Utilizing seasonal and multicultural themes, students will prepare recipes and create crafts that highlight various skills according to each age group. All classes will be held on Thursday's beginning April 24th for Ages 3-5 (w/parent) 1-2pm, Grades K-2, 3:45-5pm, Grades 3-5, 5-6:15pm, Grades 6-8, 5:30-7pm on Fridays Fee: \$115.00

PIANO LESSONS- "THE HAPPY PIANO," will be offering piano lessons on Thursdays, beginning April 24th for 6 weeks for children ages 3-6. Classes are limited to 4-6 children and keyboards will be provided. Ages 3-4; 4:00-4:30pm. Ages 5-6; 4:30-5:00pm. Visit www.happypiano.com for more info. Fee: \$105.00 (\$35 one time fee for a registration kit for new students payable to Happy Piano)

SPORT SQUIRTS - This program will introduce children ages 35 to a variety of sports such as Soccer, Basketball, T-Ball, Lacrosse and Hockey, all taking place in a safe structured environment. Choose either: 9:30am, 11:00am, 12:15pm, 3:30pm, 4:30pm or 5:30pm on Friday's beginning on April 25th at Westvale ParkFee: \$150.00

<u>Spring Break Multi-Sports Camp</u> – During the break (April 1517, Tues-Thur.), children ages 514 will be instructed and then play multiple sports in a fun, noncompetitive environment at Brookside Park. In case of rain, the camp will be held in the Community Center. Fee: \$100.00 9am-12:30pm or \$125.00 9am-4pm For more info: www.ussportsinstitute.com

SOCCER SQUIRTS - An introduction to soccer for children ages 35 run by the United Soccer Academy. Choose either 11:00am, 12:15pm, 1:30pm, 3:30pm, 4:30pm or 5:30pm on Mondays beginning April 21st at Westvale ParkFee: \$150.00

TEE-BALL SQUIRTS - An introduction to baseball for children ages 35 run by the USSI. Choose either 12:15pm, 1:30pm, 3:30pm, 4:30pm or 5:30pm on Tuesdays beginning April 22nd at Westvale Park **Fee: \$150.00**

TOTAL GOLF - Students will learn basics & fundamentals of the sport, while being prepared to play on the golf course. Starts on Thursday, April 24th at Voorhis Park: KineGr. 4 at 4:00-5:00pm & Gr. 5-8 at 5:00-6:00pm. TGA provides all equipment & promises a great experience for students of all skill levels. Visitwww.totalgolfadventures.com Fee: \$109.00 (6 week session)

YOGA (NEW) Toddler & Parent Yoga -A fun & engaging environment to introduce toddlers to yoga, ages 18 months -4 years. Classes incorporate music & songs as well as puppets & stories-10am. Family Yoga - A yoga class for the whole family, suitable for ages 5 & up that provides a fun environment exploring challenging poses and the importance of relaxation. Group & Partner Poses are emphasized – 11am. Classes are 45 minutes on Saturdays at Brookside Park beginning April 26th for 6 weeks (held in the CC in case of rain) Fee: \$75

TENNIS LESSONS - Tennis Dynamics under the direction of Teaching Pro, Bill Bess will conduct six week session at the McKinley Park Tennis Courts with the following classes: (loaner racquets are available for the 1st lesson)

Mondays (begins on 4/21) Beg./Advanced. Beginner: Grade K-1, 4-5pm; Grade 2-4, 5-6pm, Grade 5-8, 6-7pm

Sundays (begins on 4/27) Beg./Advanced. Beginner: Grade K-1, 2-3pm; Grade 2-4, 1-2pm, Grade 5-8, 3-4pm; Intermediate 2-6, 4-5pm

Fees: Beginner/Adv. Beg. \$ 55.00 Intermediate 1 \$ 70.00



ADULT <u>PROGRAMS</u>

ADULT YOGA - Come to learn and/or refine the foundational poses of the Vinyasa Yoga practice including sun salutations, core isolation & strengthening, standing poses, balancing postures, backbends, seated & reclining poses. Build endurance and flexibility, while calming the mind. All levels welcome. Classes will be held at 9am on Sat's at Brookside Park beginning April 26th for 6 weeks. FEE \$75.00

FITNESS IN THE PARK- Men & Women of all ages & fitness levels will benefit from this program which is packed with fun and energizing activities. Classes include both cardio and strength, using your own body weight, to get your body looking & felling its best! Classes are held on Tues & Thurs from 7:15-8pm at Westvale Park (CC if it rains) April 22nd-May 29th **Fee: \$75.00**

TENNIS LESSONS- Tennis Dynamics under the direction of Teaching Pro, Bill Bess will conduct lessons at the McKinley Park Tennis Courts. This sixweek session will begin on Mondays beginning April 21st: Beg/Advanced Beginner-Spm or Sundays, April 27th. Beginner, 121pm Intermediate 1, 11am12pm **Fees: Beginner/Ad Beginner-\$55.00, Int.-\$70.00**











CHEERLEADING- Westwood Youth Cheerleading is open to Westwood girls
Parents may register on Wednesday, April 23rd or Tuesday, April 29th from 6:30
Center. The fee is \$115.00 plus the cost of a fleece jacket, cheer socks and hair bow. Cheerleaders will be fitted for uniforms at the time of registration. Call Judie Gargano at 201

-666-9637 if you have any questions

SOCCER- The soccer program for children ages 6 and up for Westwood and Twp of Washington residents is run by the Dragons Soccer Club. On -line registration for the Fall 2014 program will begin on April 15th at www.dscunited.org. In-person registration at the CC on Saturday, June 7th from 9am -1pm. Registration ends on June 30th (\$25 late fee after 6/30/2014).

<u>TRACK/FIELD</u> Westwood residents ages 7 -15 are invited to join the Westwood Track & Field Association. Athletes can participate in sprints and distance events (50M - 1500M) and field events (long jump, high jump, shot put, javelin, and discus). Registration and Practice began in early March at Westwood High School Track on Sundays (noon) and Tues. & Thurs. (6pm). There are 6 Sunday meets scheduled. The fee is \$75.00. High School and adult runners are needed to coach. For more info or to volunteer as a coach, please e -mail: WestwoodTrackandField@yahoo.com



WESTWOOD RECREATION PRE-SCHOOL REGISTRATION INFORMATION FOR 2014-2015 SCHOOL YEAR

The Recreation Department operates a New Jersey State Licensed PreSchool for children ages 35 years old, (as of 10/1/14) at the Community Center on Mondays, Wednesdays and Fridays. The 45 yr old program is from 9:00am12:00pm and the 3 year old program is from 12:30pm2:30pm. Registration for the 20142015 school year will be held on Tuesday, April 29th starting at 9:00am at the Community Center. The fee is \$1100.00 for the 3 yr old program and \$1400.00 for the 4-5 yr old program. There is also a \$25.00 registration fee. Tuition can be made in 3 equal installments. The school year begins on Monday, September 8, 2014 and ends on Friday, June 5, 2015 There is limited registration Please visit www.westwoodnj.gov for a copy of our Pre-School Parent Handbook.



SUMMER PLAYGROUND PROGRAM

The Summer Playground Program begins **Thursday**, June 26th and ends August 1st (<u>5 1/2 weeks</u>) .The fee is \$225 per child for residents.

It is available to all children ages 4 (as of 10/1/14) through the 8th grade.

The Berkeley Pre -School program hours are 9:30am -12:30pm. The Berkeley School K -3 program and the 4th -8th grade program at Brookside Park and Voorhis Park hours are 9:30am -2:30pm.

We will again offer Before Care from 7:30 -9:30am and After Care from 2:30 -5:30pm at Berkeley School for children entering Kind -3rd and at Brookside Park for children entering grades 4 -8.

Before Care is \$200 and After Care is \$300 per child for the entire five week program!

Registration begins on Thursday, May 1st either on-line or at the Recreation Department

Our Summer Playground Parent Handbook will be available after April 21st.

Westwood Recreation will also host the following camps after it's own summer program

Art Camp - grades K-3 Golf Camp - ages 5-14 Tennis Camp - ages 7-16 Science Camp - ages 6-12

Multi-Sports Camp - ages 3-14 Performing Arts Camp - ages 4-10 Crafty Kitchen Camp - grades 2-6

No need to look outside of Westwood for a Summer Camp, the best ones are right here!

SPRING SPECIAL EVENTS



EASTER EGG HUNT SATURDAY, APRIL 12th at 10:30am



This event is open to all children in pre -school through third grade. The Easter Bunny and other characters will be available for pictures, so remember to bring your cameras and a basket to collect goodies. Please be prompt.

The Rain Date is Saturday, April 19th at 10:30 am

in Veterans Memorial Park



TEAM TENNIS



The Recreation Department has a competitive tennis program for children in grades 4 and up. The 1st spring practice will take place at the High School Tennis Courts on Tuesday, April 8th from 6 -7:30pm. The cost is \$25 for residents and \$50 for non -residents and players must become members of the USTA for \$20.00 Pease call 201 -664-7882 to register.







TEEN CENTER







The Teen Center is available to all Westwood and Twp. of Washington residents in Grades- θ at no cost. Staff and adult volunteers coordinate weekly activities and special events on Friday nights from 7:300:00 pm in a fun and safe environment. Basketball, pingpong, billiards, foosball, chess and air hockey are just some of the activities offered. Students can also play X-Box on a big screen TV or Dance Revolution. Every month week there are theme food nights including pizza or heroes. Parents must fill out a registration form at the Westwood Recreation Department or on any Friday night. Refreshments are available throughout the evening for a nominal fee.



WESTWOOD RECREATION DEPARTMENT



